PE at a Glance

Bassingbourn Community Primary School · Reception to Year 6

This summary shows how pupils' skills in PE develop as they move through the school. Our classes are mixed-age, so we share expectations at four points: the end of Reception, Year 2, Year 4 and Year 6.

Area	By the end of Reception children can:	By the end of Year 2 pupils can:	By the end of Year 4 pupils can:	By the end of Year 6 pupils can:
Fundamentals and athletics	Run, stop and change direction safely, and explore jumping, hopping and throwing at a target.	Run at different speeds, jump and hop for distance and height, and throw overarm.	Sprint with good technique, and transfer their weight to jump and throw further.	Choose the right pace for each event, and use good technique in relays, jumps and throws.
Games	Send, stop and catch a ball using hands and feet.	Roll, throw and kick to a target, catch with two hands and dribble with control.	Send and catch with increasing accuracy, and dribble with control in team games.	Pass, catch and dribble under pressure, making quick decisions in competitive games.
Dance	Copy simple actions and rhythms, and move in response to music.	Remember and link actions, and perform with a partner by matching and mirroring.	Create and perform dances that tell a story, changing level, direction and pathway.	Choreograph expressive group dances, with clear timing to the music.
Gymnastics	Make different shapes, balance and roll safely.	Link balances, rolls and jumps into short sequences.	Perform rolls, partner balances and turning jumps with control.	Perform fluent sequences, including cartwheel progressions and counter balances.
Outdoor and adventurous activities	Make their own choices in activities and follow a path.	Work with a partner to solve challenges and follow a simple map.	Plan in small groups and follow a route using map symbols.	Lead and work as a team to solve problems and navigate a course using a map.
Swimming and water safety	Grow in confidence in the water through play and guided activities.	Use arms and legs together to move through the water, and float on their front and back.	Develop front crawl, backstroke and breaststroke, and use survival skills such as treading water.	Swim at least 25 metres using a range of strokes, and use safe self-rescue skills.

Pupils revisit each area every year, building on what is secure and extending it through new sports and activities. For more detail on PE at Bassingbourn, please contact the school office.